

## Keeping Fit at Gloucester Nursery School and Having Fun!

Inspired by the London Marathon and a love of super-heroes, at Gloucester Nursery School, our three and four year old children have been busy preparing for a mini-marathon of their own. With all the children dressed up in their favourite superhero outfits, we had many little versions of The Hulk, Iron Man, Superman, Spider-Girl and Spider-Man descending on the nursery.

Parents, staff and children all joined in the fun, exercising together as well as raising money for the “Life of Lewis” Campaign ([lexiherbert.wix.com/aliforlewisappeal](http://lexiherbert.wix.com/aliforlewisappeal)). At the end of the day, our children were all proudly displaying their gold medals, and some of the children enjoyed the mini-marathon so much, they even did it twice! It may not have been quite as much of a challenge as the London event, but everyone has to start training, and being a hero, somewhere.



In our 2 year old Nursery the children and parents were invited to join in with a fun obstacle course, exploring different ways of moving, parachute games and action songs. Here is what some of the children and parents said about the day at Nursery. “Great fun, should definitely do it again”, “I like the parachute, up and down”, “It was a great idea for children and parents to come together, lovely to see how the children played with each other”, “Lots of fun!”

